

North Atlantic Regional High School

Courses • Credits • Portfolio • Transcript • Graduation



Handbook

Revised 06/26/2015

Business Office
14 South 6th Avenue
Yakima, WA 98902
www.NARHS.org
800.882.2828

3	About NARHS
5	Registration
6	About Home Schooling
7	About Credits
10	About Grading
12	About Courses
18	Credit Requirements
30	Portfolio Review
38	Home School Transcript
42	NARHS Transcript
44	Additional Resources
47	Index

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*W*elcome to North Atlantic Regional High School.

NARHS exists because of our strong commitment to the community of home schoolers. If we can provide support, advice based on experience, and time-saving techniques that keep your home-based instruction functioning smoothly, we have done our job. We hope to supply you with a sense of identity, especially through our newsletters that feature current NARHS students. Recently produced manuals and documents such as the Resource Advisor, Log Book, website and now our updated, condensed manual will complement your home learning with current information. Beyond these NARHS ingredients, our staff enjoys tremendously contributing to your success. We are working together to make possible the best education experience your child could possibly enjoy.

April Thome
NARHS Director

Today's educational choices abound and we believe we can help you combine those resources to develop a successful comprehensive transcript that will lead to graduation propelling you into the future of your dreams. Our team can advise a custom education for your student that is personal, flexible, and suited to your lifestyle. In keeping with this mission, we strive to equip the students (and their parents) with the skills and resources necessary for non-stop, lifelong learning.

The mission of NARHS is to strengthen home-based education by providing consultation and tools to support course planning, student work assessment, quality academic learning, and goal setting leading to a high school transcript and diploma which have far-reaching transferability and acceptance.

Education is our focus. We work with parents, teachers, schools, counselors, military recruiters, college admissions officers, scholarship administrators, and others. Our academic advisors are certified teachers, many with years of experience in education and home schooling.

We welcome you to explore our website and this handbook. In addition, our office leaders are available to answer questions and guide you through the registration process. Please call **1.800.882.2828 from 9:00-3:00 Pacific Time.**

Founded and incorporated in 1989, North Atlantic Regional High School is located in Auburn, Maine. NARHS is a state-authorized private school, recognized by the Department of Education. www.Maine.gov/DOE/ Click on "Directory of Maine Schools," scroll down to "Private School Systems," click on "Private Schools Recognized as Providing Equivalent Instruction," scroll down to "North Atlantic Regional High School." We adhere to the foundational core curriculum outlined by the state, but we assist students in planning and delivering a custom-designed program, whether he or she is attending public school, private school, taking college classes, or being home schooled. We diligently work with our families to achieve the required credits to graduate.

Our students come from a mix of home school, public school, and private school arenas. Many NARHS families have unusually high interest in the care, development, and education of their children. Some students are just beginning their high school career and some are coming back to school to earn their diploma, while some students are already attending college. With such diversity, we work hard to create a solid academic program for each. Our role is to help advise, encourage, evaluate, and coordinate learning plans that meet the state requirements while parents are making curriculum, teaching, and content choices. We want to be a valuable resource to our families .

Courses and credits are reviewed by our academic advisors (certified teachers) and once the student has acquired the necessary credits, he or she is eligible for a high school diploma. Students graduate from NARHS with varying numbers of high school credits according to the student's ability, ambition, and academic goals.

Not surprisingly, our graduates have continued down a variety of paths. Some graduates have joined the work force or military, and some have gone on to earn a college or technical degree. The list of graduates at top schools like Harvard, Johns Hopkins University, and Juilliard continues to grow. Our program has helped with unique situations such as missionary students, students with acting careers, professional sports and Olympic figures, as well as professional musicians. It exciting to be a part of students' lives and invest in their future.

In recent years, we have been gratified that public schools and other private schools in numerous states have referred students to NARHS.



Registration:

1. Each year, download Registration Form, Curriculum Design Worksheet (CDW), and Integrity of Study (IOS) from www.NARHS.com
2. CDW: Submit to advisor **prior** to beginning work.
3. Mail signed Registration Form, CDW, IOS, and payment to:
14 South 6th Ave., Yakima, WA 98902.
4. Call 1.800.882.2828 for Credit Card Payments.

School Year: September 1st - August 31st

The official school year begins September 1st and ends August 31st. School work completed during these months can be considered for high school credit, including school work completed during the summer months. In this case, be sure to continue logging hours in your yearly log book and yearly portfolio.

High School Student by Definition

A student who will turn 14 during the school year (after September 1st and before August 31st).

A student under the age of 14 who has earned high school or college credit in English, Math, Science, or Social Studies from an educational institution. Proof is required.

A student under the age of 14 earning three credits in English, Math, Science, or Social Studies from high school level textbooks.

A student 14 years or older.

The Process:

Register with NARHS. Choose high school level texts, program, and projects. Submit Curriculum Design Worksheet (CDW) to assigned (certified teacher) advisor. Work at student's own pace between **September 1st and August 31st**. Student completes course work, parent grades course work, and student corrects course work. In addition, parent is documenting/recording all completed work and student is logging hours when required.

During the suggested months of **May through August**, or before, submit home school transcript and completed coursework in a yearly portfolio (must be received by October 31st to avoid \$25 late fee per month). Portfolio is reviewed, credits are allocated according to amount of courses successfully completed, documented, and proven with evidence, and the portfolio is then returned.

Based on reviewed credits, a yearly NARHS transcript is prepared documenting met requirements and an unofficial NARHS transcript is mailed to the family.

Important Dates:

Early Registration: March -May (Tuition/registration \$445)

June-August (Tuition/Registration \$495)

Sept and beyond (\$545)

School Year: 9/1 to 8/31

Portfolio Submissions Suggestion: May - August or before

Late Portfolio Fee: Must receive portfolio by October 31 to avoid late fee.

What is Home Schooling?

Home schooling is parent directed education. Parents and students decide the direction of the student's learning plan. This learning plan may be based on the student's abilities, interests, and learning style. In addition, it is up to the parent and student to determine the best path for the student's future providing what the parents feel is in the best interest of the student.

Home schooling does not necessarily mean a transfer of information from the parent to the student. It is customizing the student's education. It may include providing advanced courses or labs at the local public high school or courses at the college. Perhaps it includes online courses, co-op courses, or skill center courses.

Home education is legal in every state, but each state has its own regulations. It is vital that you follow your state's requirements in order to participate with NARHS. Some states work with home-schooled students and encourage participation in public or private school activities.

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Benefits of Home Schooling

Benefits of Home Schooling:

TIME: Student develops a timeline and schedule that works. This renders a sense of freedom and perhaps even motivates the student to achieve more.

FREEDOM: When the student uses the morning to work in the books then she might be interested in researching hovercrafts, drawing, practicing her violin, running, attending a workshop, seeing a play, or taking a hike in the afternoon.

EXPERIENCE: The student is able to experience a variety of opportunities and explore his interests and talents more thoroughly.

UNLIMITED: Earn high school credit doing the things enjoyed!

INTERESTS: Concentrate in the areas that captivate the student.

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Books & Curriculum

Books & Curriculum: Self-motivated students have a variety of materials to choose from: textbook courses, and self-designed courses, Internet courses, video courses, correspondence school courses, and more. Curriculum can be designed around the strengths (and weaknesses) of the student.

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Compulsory School Attendance Law

Compulsory School Attendance Law: A law enacted by each state that requires students to be in an authorized educational program when they reach a certain age. When a student reaches the ending age of the Compulsory School Attendance law, he or she may leave any educational program without seeking any special permission and without parental consent. Once a student has earned his high school diploma, he is no longer subject to the compulsory attendance law.

From the beginning age to the ending age, the Compulsory School Attendance Law can be fulfilled by 1 of the 4 common provisions: enrollment in a public school, enrollment in a private school, enrollment in a home school program, or "other." "Other" may be provisions authorized by a person with authority to provide exceptions under the law. These may have different titles and include Superintendent of Schools, Chancellor of Public Education, Commissioner of Education, or similar.

Exemptions may include injured, ill, or medically recovering children. Unless otherwise provided for by a private school or a home school, these medically limited children are usually given off school grounds tutoring by a public school employee or publicly paid contractor in a program termed "home-bound instruction."

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Colorado Plan

Colorado Plan: The process of completing one academic subject at a time. This plan can work especially well when students are easily distracted or frequently preoccupied with non-academic interest. It can be easier to focus on one academic subject at a time where the all vocabulary is related to that subject. It can be easier to master a course when all the academic information is concentrated around one area of study. With one area of study, there is minimal conflict with other course deadlines for project due dates, mid-term testing, final exams, paper due dates, etc. One subject area controls your academic attention for textbooks, related vocabulary, projects, papers, testing, and so on. While engaged in one academic subject at a time, the student can work daily on music,

7th and/or 8th Grade Credits	<p>7th and/or 8th Grade Credits: If a student has earned home school high school credit during their 7th and/or 8th grade year, one course credit can be included on the student's transcript at no cost. More than one credit can be counted for the 7th and 8th grade years, but at Review and Recovery cost. Courses must be high school level textbook courses and evidence is required. If an institution has awarded the credits, then credits will be accepted at no cost. A 7th grader or 8th grader can earn high school credits and remain in the respective grade.</p> <ul style="list-style-type: none">•
Activity Credits	<p>Activities: In addition to coursework, NARHS is experienced in evaluating potential courses and credits from other sources. Be diligent in your record keeping and evidence and be certain to follow the Self-designed Course outline. Consult with your advisor for possibilities.</p> <ul style="list-style-type: none">•
College Credits	<p>College Credits: A common academic provision is earning high school credits from a college course. An Official Transcript (See Transcript) is required. The college credit will be converted to a high school credit. See below.</p> <ul style="list-style-type: none">•
College Credit Conversion	<p>College Credit Conversion: College credits will be converted to high school credits. A typical high school course takes 39 weeks to complete and earns 1-credit, however a college course may only take 15 weeks and may earn 3 credits, depending on the college's system. Therefore, when the college course is converted to a high school course it earns 1-credit.</p> <p>Each college has its own credit system. For example, to earn a Bachelor's Degree from the University of Maine, it takes 120 college credits. Each 3-credit college course will earn 1 high school credit. To earn a Bachelor's Degree from the University of Washington, it takes 180 credits. Each 5-credit college course will earn 1 high school credit. These conversions are the most common.</p> <ul style="list-style-type: none">•
College Freshman	<p>College Freshman: According to Maine law, a freshman student who has earned the equivalent of one full year of college credits may be awarded a high school diploma. The vital requirements are an Official Transcript from the college verifying the student's earned credits and Associate's or Bachelor's degree college requirements. With this information, your advisor will determine the number of credits required to earn a high school diploma. The number of credits needed may vary.</p> <ul style="list-style-type: none">•
Credit Allocation	<p>Credit Allocation: You work at your own pace earning the corresponding amount of credit. For example, if you complete 100 pages in a 400-page text, NARHS awards 1/4 credit (0.25) in that subject. Complete 300 pages and NARHS awards 3/4 (0.75) credit and so on. (The smallest allowable credit is 1/4 credit, also written 0.25.) Schedule your own workload and earn full or partial credit. Of course, each credit amount still requires successful completion, documentation, and evidence.</p> <ul style="list-style-type: none">•
Credit by Definition	<p>Credit by Definition: A unit of achievement to denote the completion of a course or partial course taken at a high school. Different jurisdictions (states, districts, regions) may have different quantitative numbers associated with a "credit." There is no uniform, nationwide standard to define a high school credit. There is no student age limit, nor a limit to the number of credits a student can earn.</p> <ul style="list-style-type: none">•
Dual Enrollment	<p>Dual Enrollment: The student takes college courses, earning both college credit and high school credit. Include the Official Transcript from the college in your yearly portfolio or mail it to your NARHS advisor.</p> <ul style="list-style-type: none">•

Foreign Credits	<p>Foreign Credits: NARHS is equipped to accept transcripts written in English. Often, American schools overseas (Department of Defense School, a Mission School, an English speaking country, or other US related school) list the years attended, courses taken, grades earned, credits awarded in English. If the student attended a national school in another country, the transcript is usually in that country's language and NARHS will recommend the following commercial records and document translators:</p> <p style="padding-left: 40px;">Academic Credential Evaluation Institute: www.acei1.com Educational Perspectives: www.educational-perspectives.org World Education Services: www.wes.org</p> <p style="text-align: center;">•</p>
GED	<p>GED: In order to pass the GED® test, an examinee must have a combined passing score of 2250; in addition, each individual subject area test score must be 410 or greater. New assessment coming: GED2014® Test at www.gedtestingservice.com</p> <p>If a student does not pass the test, but passes a category (410 or higher) the GED passing score can be converted into high school credit as follows:</p> <p style="padding-left: 40px;">Language Arts, Reading (1 credit) Language Arts, Writing (1 credit) Mathematics (1 credit) Science (1 credit) Social Studies (1 credit) (does not qualify as US History credit)</p> <p style="text-align: center;">•</p>
Graduation	<p>Graduation: The high school student may graduate once all required (17.5) high school credits are completed. The student can choose his/her graduation date. Graduation date must be after NARHS registration date and after completion of all courses.</p> <p style="text-align: center;">•</p>
Other Schools	<p>Other Schools: Students who have taken courses in a traditional high school classroom may have already earned credit which NARHS may apply towards graduation requirements. Please request an Official Transcript to be sent to the NARHS office or mailed. See below for more details on requesting transcripts from other sources.</p> <p style="text-align: center;">•</p>
Other Sources	<p>Other Sources: Scouts, sports camps, space camps, Red Cross Certifications, Water Safety Instructor, First Responder Certification, YMCA/YWCA courses, 4-H, church or synagogue courses, Youth Group, mission work, foreign travel, service corps, community activities, community service, public theater, community choirs and choruses, local bands, lessons in music, art, drama, horseback riding, junior Civil Air Patrol, Service Brigade, flight lessons, marksmanship, SCUBA, firearms safety, horsemanship competition, athletics or sports teams, correspondence courses, employer / employee's documented training, and more may earn high school credit.</p> <p style="text-align: center;">•</p>
Privacy	<p>Privacy or FERPA: Because our field includes the education of minor-aged children, we must protect their confidentiality. NARHS is subject to the provisions under the Family Education Rights and Privacy Act (FERPA). Information about specific students cannot be released to any person or agency without being authorized by the parent, legal guardian, or the adult student.</p> <p style="text-align: center;">•</p>
Proficiency Credits	<p>Proficiency Credits: College-Level Examination Program (CLEP) allows you to earn high school credit by taking exams that test mastery of college-level material. Passing a CLEP test earns 1 high school credit. Mail your passing test results (the only document necessary) to NARHS or your advisor. Study guides are available and there are many areas of interest: www.collegeboard.com/clep for more information.</p> <p style="text-align: center;">•</p>

Regionally Accredited Transcript	<p>NARHS is a candidate for Regional Accreditation with the MSA-CESS. See their website and search for us under “search our schools.”</p> <ul style="list-style-type: none">•
Residency	<p>Residency: Receiving a Maine High School Diploma will not affect your residency. Credit requirements are based on Maine and NARHS requirements. You may use your own state’s requirements as a guideline while fulfilling NARHS graduation requirements. As a resident of your own state you do not lose your eligibility to qualify for state aid, scholarships, in-state tuition rates, etc.</p> <ul style="list-style-type: none">•
Review and Recovery	<p>Review and Recovery: Past home school years can be reviewed by an advisor and converted to high school credit. Complete evidence is required. Past high school or college credits can be reviewed and converted to high school credit, as well. Official Transcripts are required. Yearly registration rate applies to each recovered year and the student must be registered with NARHS.</p> <ul style="list-style-type: none">•
Summer Activities	<p>Summer activities such as Camp Counselor, swimming instructor, water safety, religious retreats, educational vacations, and other activities might count for high school credit.</p> <ul style="list-style-type: none">•
Summer School	<p>Summer School: Courses completed by August 31st of the current school year can be presented in the yearly portfolio for credit.</p> <ul style="list-style-type: none">•
Team Sports	<p>Team Sports: Providing the team photo, practice and game schedules, logged hours, and a letter from the coach may earn high school physical education credit.</p> <ul style="list-style-type: none">•
Transcripts	<p>Transcript by Definition: An official record of a student’s work showing courses taken and grades achieved.</p> <p>Official Transcripts contain the official seal and an official’s signature representing an institution. At a parent’s requests, Official Transcripts are sent from one institution directly to the requesting institution in a sealed envelope. This process supports the validity of the document. Request an Official Transcript to be mailed directly to NARHS, attention: your advisor.</p> <p>Unofficial Transcripts are usually given directly to the student for information. They are useful for planning the student’s school year based on credits already achieved. By the student’s senior year, all Unofficial Transcripts will need to be replaced by Official Transcripts. All credits will be verified before the senior transcript and diploma will be issued.</p> <ul style="list-style-type: none">•
Transcript Evaluations	<p>Transcript Evaluations: Our academic advisors review past Official Transcripts to determine which NARHS graduation requirements have been met and which requirements the student would need in order to graduate from NARHS. For unregistered students, a 25.00 fee is charged. If student enrolls with NARHS, this fee is applied towards tuition.</p>

Class Rank Class Rank: Traditional public schools assign a class rank to students. NARHS does not, due to the uniqueness of our program.

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Co-op Courses Co-op Courses: Co-op indicates that someone has been appointed to conduct a class and/or to assist home schoolers in a subject area. These courses are considered self-designed and will require self-design evidence for credit. NARHS does not consider co-op courses as equivalent to credits issued by a high school.

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Final Grade Final Grade: All home school courses must be dated, corrected, and have a final grade. It is preferable to have numeric grades such as 97, 87, 74, .etc. Our *High School Resource Advisor*, available on the NARHS website, has many, many helpful tools in grading a student’s work.

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Grading Scale Grading Scale: NARHS converts all grades to the widely-accepted 4-point, unweighted grading scale. This information is published on each NARHS transcript. Most colleges and scholarship committees will convert an incoming GPA into their own grading scale.

93 - 100	A	4.00
90 - 92	A-	3.67
87 - 89	B+	3.33
83 - 86	B	3.00
80 - 82	B-	2.67
77 - 79	C+	2.33
73 - 76	C	2.00
70 - 72	C-	1.67*
67 - 69	D+	1.33
63 - 66	D	1.00
60 - 62	D-	0.67

100% Grades 100%: If another academic institution issues a grade of 100 then NARHS will enter the course as 100. If home schooled text work, tests, and quizzes receives 100% then NARHS will enter 100, but prefers 97. Keep in mind that perfect scores on a transcript raises red flags for colleges. A score of 97 is still an A and does not reduce the student’s GPA.

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Honors Courses Honors Courses: A course can be awarded as “Honors” under the following conditions:
 A. If the course has been awarded “Honors” by another school and appears on the school’s Official Transcript
 B. If the course is identified by the publisher as an “Honors” course and student has presented evidence that documents following the publisher’s design exactly
 C. If the course was successfully completed from a college textbook and student has presented the publisher designed tests as evidence
 D. If the student passes a CLEP, DANTES, or AP test in that subject, then the proficiency preparation course may be awarded as “Honors.”

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Passing (P) Grades Passing Grades: On occasion, a course may be awarded a passing grade (P). It does not carry point-value toward the student’s GPA, but it does earn credit-value toward the diploma requirements.

For example, Driver’s Education can earn credit toward graduation requirements, however, it is our policy to give the standard .5 credit and a Passing grade when documented with the student’s driver’s license.



Textbook Courses

Be sure your CDW has been submitted to your advisor and approved prior to each school year. For Portfolio Review, include all evidence that substantiates the course grade. For example, if the final grade is the average on all tests, then only the tests are required. If the grade's average is based on tests, quizzes, daily work, and projects, include all of these.

See below for evidence supporting completion of Textbook Courses:

“All Test” Evidence

- (a) The publisher identifies this textbook or course as a high school-level (or higher).
- (b) The student has completed the textbook.
- (c) The parent is satisfied with the work.
- (d) NARHS academic advisor is satisfied with the documentation:
Present dated, corrected, graded, end-of-chapter tests, if offered.

“All Daily Work” Evidence

- (a) The publisher identifies this textbook or course as a high school-level (or higher).
- (b) The student has completed the textbook,
- (c) The parent is satisfied with the work.
- (d) NARHS academic advisor is satisfied with the documentation:
Present dated, corrected, graded, daily work.

For Year End Portfolio Documentation: Complete, Compelling, and Convincing Evidence of Textbook Completion.



Self-Designed Courses

Be sure your CDW has been submitted to your advisor and approved prior to each school year. Self-designed (SD) courses are courses that do not lend themselves to textbooks, such as physical education, fine arts, music, etc.

Upon registration each school year, a CDW is required. This form requires a SD Course Description for each SD course. Develop a course description containing the following information: course title, learning objectives, activities, resources and materials, and method of evaluation.

Collect evidence during the coursework in addition to logging hours. 80 hours earns 1 credit and 40 hours earns .5 credits. Typically, one course earns 1 credit. If a course exceeds 80 hours, the course may or may not be divided into additional courses according to your advisor. NARHS publishes a sturdy, spiral bound *Daily Logbook* available in a variety of colors. See below for evidence supporting completion of SD Courses:

- Student is a high school student (See High School Student by Definition)
- A CDW with Course Description has been submitted to NARHS advisor prior to beginning work.
- Parent is satisfied that student has met course objectives.
- Student has completed 80 hours in one self-designed subject area.
- Several Grading Tools (available in our *Resource Advisor*) throughout course and/or graded work.
- NARHS academic advisor is satisfied with documentation: See Portfolio Review for suggestions.

For Year End Portfolio Documentation: Complete, Compelling, and Convincing Evidence of Self-Designed Work.

See the following pages for course description examples.

NARHS requires 17.5 credits to graduate.

Language Arts	4
Mathematics	2
Social Studies	1
US History	1
Science (include 1 lab)	2
Fine Arts	1
Computer Skills	.5
Physical Education	1
Health & Fitness	.5
Electives	4.5
Total	17.5

Core Curricular Subjects: Math, Language Arts, Social Studies, and Science

Computer Literacy: 1/2 required credit

To meet the diploma requirement of 1/2 credit for Computer Literacy, the student must complete a half-year of study or 40 hours of documented instruction. This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - Each student shall be required to demonstrate proficiency in the use of computers. Proficiency shall mean experiences with computers that include loading, operating, and applying fundamental skills. This may include word processing, keyboarding, developing a database, accessing data, and using software. This requirement may be satisfied in grades 7 through 12."

This course is usually considered a self-designed course. It is intended to give the student a comfort level and familiarity with the workings of a personal computer. While this is common today, it was not common when the regulations were written. Therefore, we believe this should be quite easy for high schoolers to demonstrate.

This requirement may also be met through demonstration of their work, or from extensive personal experience, or from employment experience. Students taking online courses and CD-ROM based courses, may use their computer time to complete this requirement. When in doubt about what may qualify, call NARHS for direction.

Because Computer Literacy is almost always considered a self-designed course, we offer some additional outline suggestions below. When done as a self-designed course, NARHS expects you to provide a course description with the course documentation in your annual portfolio.

Objectives might include:

- Become familiar with computer use.
- Be able to start up the system and access the program of your choice.
- Be able to create and name a document.
- Be able to enter data and retrieve that data.
- Be able to properly save information, close a document, close a program, and exit the system.
- Be proficient with a word processing program so that documents can be inputted, corrected, deleted, saved, spell-checked, and centered. Text can be underlined, fonts changed, and graphics added by cut, copy, and paste commands.
- Be able to print documents on a printer.
- Be able to find information stored within the computer.
- Be able to transfer information from one computer to another.
- Be able to load a new program into the computer. (Ability to access the Internet is not required, but does show computer competency.)

Our published book, *The First Great Book of High School Course Descriptions*, will also give you the specifics about the numerous courses used to meet these objectives. And it will provide the "method," the "activities" and the "evaluation" necessary to write a good course description for the course you choose.

Course titles for Computer Literacy might include:

CAD (Computer Aided Drafting)	HTML
Computer Applications and Information Systems	Information Technologies
Computer Business Applications	Keyboarding / Typing
Computers, certification in _____ (specific program)	Microsoft Word
Computer Graphics	PageMaker
Computer Processing	PC for Dummies
Computer Programming	Photography on the Computer
Computer Service and Repair	Video Production
Computers in Agriculture	Web Design for Dummies
Desktop Publishing	Web Page Design
	Word Processing

Electives: 4 1/2 required credits

To meet the diploma requirement of 4 1/2 credits in Elective coursework, the student must complete any combination of four-and-a-half textbook courses or self-designed courses.

Electives can be self-designed courses or textbook-driven courses -- your choice.

- Electives provide the opportunity for students to take the courses that interest them the most.
- Electives allow students to improve the appearance of transcripts by accumulating credits related to their chosen profession.
- Electives allow students to take risks in areas not related to their required courses, providing opportunities to experience new areas of study.

Any subject for which the student has a passion can be used as an elective. For example, if the student is involved in sports, he or she might continue to work on PE credits, even though he or she has completed the required one credit. Assuming the student continues to document the work and earns the additional credits -- say two more -- those two "extra" PE credits can be used to help satisfy the electives requirements.

As self-designed courses, electives are fairly easy to document. You need 80 documented hours of almost any activity for which you can make a course description. Some church activities, some volunteer service, some job training, some household activities might be counted, and more. This should not be difficult, since you may mix-and-match activities, and combine them towards 20 hours for a 1/4 credit, 40 hours for 1/2 credit, and so on.

The same holds true for textbook-driven courses, as well. Some students have a passion for certain academic subjects. Let's use the four traditional science subjects as an example. After the student earns the Earth Science and Biology credits, the minimum graduation requirements have been satisfied (two Science credits). If the student adds the next two sciences -- Chemistry and Physics -- the two additional science courses would be counted towards the electives required.

- There is an extensive list of course titles elsewhere in the Handbook.
- This requirement may also be met through proficiency testing, such as CLEP's, or from extensive personal or employment experience.
- Consult with your advisor.

Fine Arts: (FA) 1 required credit

To meet the diploma requirement of 1 credit in Fine Arts, the student must complete one year's worth of study -- 80 hours of documented study. Fine Arts includes anything related to music, the visual arts, or the performing arts. The Fine Arts credit may be earned by documenting combinations of these art forms, and it does not require that all 80 hours be in one art discipline.

This excerpt is from the Maine Department of Education literature: "The State of Maine requirement- A year of Fine Arts instruction shall be required which may include arts, music, forensics, or drama. Fine Arts may be provided through separate or integrated study and may include awareness, appreciation, or performance of the art form."

- NARHS will accept completion of one foreign language credit as an equivalent exchange to fulfill this requirement.
- See the list below for titles which may count...some you might not expect.
- The course symbol for Fine Arts is FA.
- This requirement may also be met from extensive personal or employment experience.
- Consult with your advisor.

Fine Arts is almost always considered a self-designed course, except when using a bona fide textbook. We offer some additional outline suggestions below. When done as a self-designed course, NARHS requires you to provide a course description along with the course documentation in your annual portfolio.

Fine Arts can be one of the subjects more difficult to prove. "Proving" you did an activity in Fine Arts means producing some physical evidence that you participated in or studied the activity. For example, if you went to a play, show us the receipt or write a paper on the experience. If you took guitar lessons, produce video segments showing your practice sessions or lessons, produce a letter from your instructor, or accumulate the payment receipts for the lessons. If you are painting or drawing, show us photographs of the pieces you have done (with YOU in the photos), or show us photographs of you working on the pieces. There are other ways to "prove" what you did. Whatever method you choose, be sure to provide enough evidence ("proof") to be complete, compelling, and convincing. Photos, letters, videos, certificates, awards, receipts, papers, essays, research papers, and the like could be used as part of the "proof" we are looking for in your portfolio review.

Course titles for Fine Arts might include:

ART areas may include:

Art Appreciation
 Art History
 Carpentry
 Computer Graphics, CAD
 Cosmetology
 Crafts
 Drawing
 Furniture Making
 Glass Blowing
 Graphics
 Jewelry
 Metal Design
 Painting with acrylics, oils, or water-colors
 Photography
 Pottery
 Sculpturing
 Serigraphy-silk screening
 Textiles (sewing, weaving, knitting, crocheting, cross-stitching, embroidery, quilting, etc.)
 Model Building
 Woodworking
 Metal Fabrication /Welding

DRAMA areas may include:

Participation in a dramatic production:
 acting, costume design, wardrobe, production, directing, set design, set construction, playwright, or other associated function.
 Attend dramatic productions.
 Participate in community theatre groups
 Participate in church drama teams.
 Interview local actors.
 Study the playwrights.
 Study the classical actors.
 Study contemporary actors.

Additional course titles may include:
 History of Theater
 Historical Playwrights
 One-Act Plays
 Costumes
 Set Design
 Critical Reviews
 Musicals
 The Greek Chorus
 Shakespearian Form and Style
 Shakespearian Theatre

MUSIC areas may include:

Listening to a variety of music genres
 Singing in a choir
 Singing solo, or in a small group
 Playing an instrument in a band, ensemble, or orchestra
 Interview local musicians
 Additional course titles may include:
 Music Appreciation
 Music History
 Music Theory
 History of the Orchestra and Voice
 Music for Dance
 Music Production & Recording
 Music in Television
 Music for Theatre
 Music Composition
 Strings
 Percussion
 Brass
 Woodwinds
 Conducting

Health: (HE) 1/2 required credit

To meet the diploma requirement of 1/2 credit in Health, students must complete a half-year of study or 40 hours. This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - One-half year of health education instruction shall be required. Health education shall include instruction in community health, consumer health, environmental health, family life, growth and development, nutritional health, personal health including mental and emotional health, prevention and control of disease and disorders, safety and accident prevention which, may include cardiopulmonary resuscitation (CPR), and substance use and abuse, including the effects of alcohol, drinks, stimulants, and narcotics upon the human system."

- Textbooks abound.
- See the list below for titles which may count.
- The course symbol for Health is HE.
- This requirement may also be met from extensive personal or employment experience.
- Consult with your advisor.

Health is a course for which there are textbooks. When using a bona fide textbook, be sure that the publisher identifies it as a high school course, and inquire if they consider it to be a one-semester course (worth 1/2 credit) or a full-year course (worth 1 credit). Both are common among textbook publishers. More and more families choose to make the Health course a self-designed course, customizing the content to fit their family needs, beliefs, or customs.

When completed as a self-designed course, NARHS expects you to provide a course description with the course documentation in your annual portfolio.

Please note: (a) Many of the courses listed below are considered self-designed, such as Alternative Medicine, Health Careers, and Personal Fitness for the Physically Disabled. As with all self-designed courses, NARHS has three requirements in order to award credit:

1. Course Description submitted with registration form
2. Daily Log accounting for each hour invested in the course and the TOTAL number of hours invested in the course
3. Evidence the student did the work for this course, along with graded samples showing achievement.

Evidence might include producing research, demonstrations on video, or other creative means; be sure the evidence you prepare is complete, compelling, and convincing. Photos, letters, videos, certificates, awards, receipts, papers, essays, research papers, and the like could be used. Be certain accumulated hours totals 40 in order to reach at least 1/2 credit.

(b) Some Health courses are taken at other institutions (CNA, PCA, Lamaze Classes, etc). In such cases, be sure to record the hours invested in the course and acquire a copy of the course description from that institution -- this may take the form of a flier or brochure explaining the benefits of the course and what will be covered in the course. When taken from other institutions, they are likely to issue a Certificate of Completion, or can at least issue a letter verifying your participation. This is the kind of evidence we are looking for when the course is taken at other institutions.

(c) When using a Health textbook, be sure to keep the student's work: papers, tests, quizzes, etc. Then present enough evidence in your portfolio to make the documentation complete, compelling, and convincing.

Our *High School Resource Advisor* provides multiple "grading tools" that will assist you in assigning a course grade.

Course titles for Health might include:

Alternative Medicine	Health Aide	Personal Nutrition for the Aged & Elderly
Anatomy & Physiology	Health Careers	Personal Care for the Physically Disabled
Child Care for the Physically Disabled	Health Practicum	Personal Fitness for the Physically Disabled
Child Care, Health & Safety	Human Growth and Development	Personal Nutrition for the Physically Disabled
Child Growth and Development	Nutrition	Personal Fitness for Teens
CNA Training (Certified Nurse's Aide)	Nutrition in Health and Disease	Personal Nutrition for Teens
First Aid, CPR, Lifesaving	Personal Care Attendant (PCA)	
Health	Personal Care of the Aged & Elderly	
	Personal Fitness for the Aged and Elderly	

☐ Language Arts: (LA) 4 required credits

To meet the diploma requirements, a student must complete 4 credits in English/Language Arts. This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - Four years of English instruction shall be required in a comprehensive program which includes reading comprehension, literature, written, listening and oral skills, the structure and uses of English, language, and research and reporting skills."

Language Arts is usually considered a textbook-guided course. Unit studies are possible, some exist in the form of organized studies, others can be self-designed by parents and students. Whether you use textbooks or self-designed courses, NARHS will require evidence of student's work.

- Textbooks abound.
- See the list below for titles which may count...some you might not expect.
- The course symbol for English is LA.
- May also be met through proficiency testing, such as the CLEP.
- Consult with your advisor.

NARHS has outlined a course called "Classics and Composition" in which the student reads 12 classics and writes a two-page paper on each for 1 credit.

Course titles for English / Language Arts might include:

Advanced English	English	Oral Interpretation
African-American Literature	English as a Second Language	Poetry
American Folklore	English Composition	Poetry Appreciation
American Literature	English for the Trades	Principles of Marketing
American Short Stories	Etymology	Public Speaking
Analyzing and Interpreting Literature	Fiction Writing	Research Methods
Ancient Literature	Freshman College English	Research Paper
Ancient Literature from the Bible	Grammar & Composition	Science Fiction & Fantasy
Applied English	History of the English Language	Speech
Biblical Studies, NT	Interpersonal Communications	Sports Literature
Biblical Studies, OT	Introduction to Communications	Studies in Shakespeare
British Literature	Journalism	Technical Writing
Business Office Communications	Literature	The Hero in Literature
Civil War Literature	Logic and Argumentation	Theater and Performing Arts
Classical Literature	Merchandising and Advertising	Workplace Communications
Contemporary Literature	Multicultural Literature	Writing Lab
Debate	Mythology	World Literature
Drama	Narrative Non-Fiction	
	Non-Western Literature	

☐ Math: (MA) 2 required credits

To meet the diploma requirements, a student must complete 2 credits in Math. This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - Two years of mathematics instruction shall be required. It is highly recommended that all students have exposure to basic algebraic concepts and skills. Algebra is viewed as a gateway subject that helps students to a better understanding of the technological world in which we live. Algebraic skills are and will continue to be a prerequisite to a diverse and broad range of courses and occupations."

Algebra: Maine high school graduation requirements do not include Algebra. Two math credits are required, and Algebra can be one (or both) of them, but it is not required. However, Algebra might still be a good idea, especially for students who may need this in a career or for college following high school. It is the responsibility of the parents and the student to anticipate what a college might need for a successful applicant.

Math is usually considered a textbook-guided course. Unit studies are possible, some exist in the form of organized studies, others can be self-designed by parents and students. Whether you use textbooks or self-designed courses, NARHS will require evidence of student's work.

- Textbooks abound.
- See the list below for titles which may count...some you might not expect.
- The course symbol for Math is MA.
- May also be met through proficiency testing, such as the CLEP.
- Consult with your advisor.

Course titles for MATH might include:

Accounting	Computer Math	Physics
Algebra 1	Consumer Math	Probability and Statistics
Algebra 2	Economics	Real Estate Development
Automotive Sales & Economics	Entrepreneurial Finances & Survival	Real Estate Investing
Banking	Equine Farm Economics	Real Estate Values, Appraisals
Bookkeeping	Estate Planning and Investing	Residential Architecture
Business Math, Agriculture	Geometry	Technical Math
Business Math, the trades	Personal Finance	Trigonometry
Calculus	Personal Investing	
College Algebra		

☐ Physical Education: (PE) 1 required credit

To meet the diploma requirement of 1 credit of Physical Education the student must document 1 year or 80 hours of instruction in Physical Education or participation in planned physical activity, or a combination of both.

This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - One year of physical education instruction shall be required Physical education shall be designed to promote physical well-being, self-esteem, self-awareness, sportsmanship and interpersonal skills. This requirement may include but is not limited to: physical fitness, fundamental motor skills and patterns, adaptive physical education, individual and group sports. Physical education may include special physical education, movement education, and motor development."

NARHS considers Physical Education to be a self-designed course. There are very few bona fide textbooks available for Phys Ed; but, if you prefer to simply find a textbook and treat it as a textbook course, that is acceptable. If you use a text, be certain to complete the book to earn the full 1 credit required.

Physical Education may involve skiing, biking, running, golfing, walking, hiking, weight lifting, exercising, etc. Individual sports (running, skiing) and/or team sports (baseball, soccer, football, basketball, hockey) qualify. Individual instruction in any sport and the practice time can also qualify for this credit. Document instruction time, practice time and game time toward your total eighty hours. Local recreation departments can provide you with a list of team sports offered in your community. Activities may be available to you through organizations such as a church group, 4-H, fitness centers, YMCA, YWCA, public schools, adult education, sports camps, clubs, gyms, and videos.

Course titles for Physical Education might include:

Adaptations in Phys. Ed.	Football	Disabled
Ballet	Golf	Skateboarding
Baseball	Group Athletic Activities	Self-Defense for Men
Biking	Hunting	Self-Defense for Women
Cardio-kickboxing	Hockey	Skiing
Dance	Jogging	Softball
Equestrian Skills	Martial Arts	Sportsmanship
Exercise, principles & practice	Nutrition in Physical Fitness	Swimming
Field Events (shot put, javelin, etc.)	Personal Fitness	Track
Fishing	Physical Education	Walking
	Physical Education for the	Weight Training

Social Studies: (SS) 1 required credit

To meet the diploma requirements, a student must complete 1 credit in Social Studies. This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - One year of instruction shall be required, which may include instruction in economics, geography, history, political science, government, sociology, anthropology, and psychology."

Social Studies is usually considered a textbook-guided course. Unit studies are possible, some exist in the form of organized studies, others can be self-designed by parents and students. Whether you use textbooks or self-designed courses, NARHS will require evidence of student's work.

- Textbooks abound.
- See the list below for titles which may count...some you might not expect.
- The course symbol for Social Studies is SS.
- May also be met through proficiency testing, such as the CLEP.
- Consult with your advisor.

Course titles for Social Studies might include:

Agricultural Management	Conservation	History of Music
Agriculture as Business	Consumer Studies	Humanities
Agriculture and Environmental Issues	Criminal Law	Interior Design in Modern Culture
American Government	Culture and Community in America	Interior Design in American History
Ancient History	Culture and Community in ____ (choose a country)	Issues in Culture and Community
Anthropology & Its Impact	Current Affairs	Junior ROTC
Antiques	Early Civilization	Law Enforcement
Aquaculture and Environmental Issues	Economics	Legal Research
Asian History	Egyptian Civilization, Egyptology	Managing Office Procedures
Automotive Sales, the art of	Elder Care and Hospice	Marriage and Family
Baseball and Society	Elder Care and Legal Issues	Merchandising
Biblical Studies	Equestrian Competition	Military History
Business Administration	European History	Modern Civilization
Business Law	Food Service Management	Nutrition in Modern Society
Career Aspirations	Geography	Near East Civilization
Career Development	Government of the US	Olympics
Career Internship	Government of ____ (choose a country)	Parenting Skills
Child Care, research careers in	Government and Politics	Political Science
Civics	Health Occupations, an introduction	Psychology
Civil Law	History of Flight	Sociology
Community Action		Teen Survival
Community Service		Western Civilization
		World Affairs

State Studies: (ST) optional

State Studies is no longer a required course for graduation from NARHS or other Maine high schools. However, many students coming to NARHS have already taken this course in their own state. It still counts as high school credit. This course involves studying one or more aspects of an individual state -- any state. This may be done using textbooks, but there are few published for this subject. If you would like to do a State Studies course, we suggest you speak to your NARHS advisor. NOTE: This course is given special treatment in the Department of Education regulations -- when taken in 6th grade, 7th grade, or 8th grade, it is, also, eligible for, and earns, high school credit.

Following are two State Studies course examples. They are designed to systematically probe any state and develop the student's understanding of that state.

State Studies, 1

This course studies the local and regional aspects of the state selected. It may also cover its significance upon entry into the United States, its contribution to the union and the region, as well as its unique characteristics.

Objectives of State Studies, 1

- To become familiar with the operations of your state government
- To become familiar with the major historical events
- To become familiar with the geography, topography, climate, cities, counties, and rivers
- To become familiar with animals, plants, and wildlife
- To become familiar with industry and products, such as agricultural industries, as well as factories, and mills
- To become familiar with famous people in your state: explorers, statesmen, stateswomen, notable authors, artists, and musicians and their works
- To become familiar with cultural and ethnic heritage

State Studies, 2

This course is designed to familiarize students with their own state history by focusing on geography, economy, governmental structures, significant individuals, wildlife, and recreational locations. Through this research-based study, students will look at the various economic, social, and political influences that have shaped the region into the unique area of the present. Various local individuals from the past and their contributions to the community and the state will be studied as well as how the geography of the region influenced its story. Students will be expected to research, write, and create a notebook that increases understanding of and connection to their regional history.

Objectives of State Studies, 2

- To collect both detailed and factual information regarding the state
- To explain the settling patterns of the state
- To compare the contributions of different nations that settled in the state
- To know how the natural resources have influenced the development of industries
- To examine the components of state, county, & city governments
- To be familiar with the state political and geographic map, county maps, and city boundaries
- To stay current on city, county, and state news

United States History: (US) 1 required credit

To meet the diploma requirements, a student must complete 1 credit in US History. This excerpt is from the Maine Department of Education literature: "The State of Maine requirement - One year of American history and government shall be required in a comprehensive course which includes instruction in the importance of voting, the privileges and responsibilities of citizenship, the Constitution of the United States and the Declaration of Independence."

US History is usually considered a textbook-guided course. Unit studies are possible, some exist in the form of organized studies, others can be self-designed by parents and students. Whether you use textbooks or self-designed courses, NARHS will require evidence of student's work.

- Textbooks abound.
- See the list below for titles which may count.
- The course symbol for US History is US.
- May be met through proficiency testing, such as the CLEP.
- Consult with your advisor.

Course titles for US History might include:

American History
American Civil Law, a history
American Criminal Law, a history
History of the United States through 1877
History of the United States from 1865
Junior ROTC
Our American Heritage
The American Revolution
The Civil War
The Presidency in American History
US History
US Civics
US Government
US Economics



PORTFOLIO

Between the months of May and August, submit a student portfolio to your advisor representing the coursework that has been completed since September 1st. The Portfolio Review is an important process in receiving credit for your courses. The following summaries will help guide you through the portfolio process. In addition, the following pages will give you more detail in each of these areas. Please remember, you are always welcome to contact your advisor or the NARHS office at 1.800.882.2828. 1. Confirm that your Registration, CDW, and IOS have been received. 2. In addition, tuition must be paid in full prior to portfolio review.



3. Return Postage Label or Payment

The office will notify you once your portfolio has been received. In addition, the office will confirm receipt of return postage and notify you if return postage is due. Unfortunately, the return postage must be paid prior to beginning the review process. It is in your best interest to include a label or payment with your portfolio.



4. Home School Transcript

This one-page document is a snapshot of what was accomplished during this school year. It contains the course, final grade, and credit amount attempted. It is prepared and signed by the parent. See example. Please request Official Transcripts from additional high schools and/or colleges to be sent to NARHS: attention your advisor.



5. Summary Sheet

This one-page document offers a few lines about each textbook and self-designed course. It also contains a statement about how each course was accomplished and evaluated. See example.



6. Evidence & Graded Work

This collection provides a variety of evidence proving the completion of each course. Organize the portfolio by subject and include the requested evidence. Include enough evidence to provide a thorough picture of the completed work. It must be convincing and compelling for each course. See *High School Resource Advisor* and your NARHS advisor.



7. Daily Log Book.

This day-by-day written log contains the daily hours and total yearly hours invested in each self-designed course. This book is vital in corroborating the evidence presented in the portfolio. See example.



Portfolio Review Checklist:

- 1. Registration, CDW, & IOS on file
- 2. Payment Paid in Full
- 3. Return Postage Included
- 4. Home School Transcript Included
 - Official Transcripts requested
 - Unofficial Transcripts included
 - Grade Reports included
- 5. Summary Sheet Included
- 6. Evidence & Graded Work Included
- 7. Hours or Daily Log Book Included



(CDW) Curriculum Design Worksheet

Today's Date ____/____/____ DOB ____/____/____

Student _____ Phone (____) _____

Parent _____ Email _____

Street _____ City _____ State _____ Zip _____

Course Category: **LA** Language Arts / **FL** Foreign Language / **MA** Math / **SS** Social Studies / **US** US History / **NS** Natural Science / **FA** Fine Arts / **PA** Practical Art / **BU** Business / **CS** Computer Skills / **PE** Physical Education / **ST** State Studies / **HE** Health

Anticipated Credit: List the anticipated credit your text course is expected to earn. .25 / .5 / .75 / 1 / (1.5 w/Lab only)

SD Anticipated Hours: NARHS requires 80 hrs to earn 1 full credit.
80 hours earns 1 credit / 60 earns .75 credit / 40 earns .5 credit / 20 earns .25 credit

Type of Course: How will your student learn this course? (SD) Self-designed Course? State the method you will use such as research, coach, employer .etc. (MS) Will you use a multi-subject curriculum or unit study? (TXT) Will you use a textbook? Name the textbook.

Method of Evaluation: How do you plan on grading this course? Will you use tests, grading tools, write papers, use evaluation forms, or evaluations from others such as a coach, employer, youth leader .etc.?

Contact Your Advisor: Submit prior to school year. Contact your advisor if changes are made during the year. In addition, be certain all materials are high school level. If in doubt, contact the publisher or your advisor.

School Year ____ / ____ **Grade** ____

COURSE TITLE: ex) Algebra I

Course Description: First-year algebra course, from algebraic expressions, signed numbers, exponents, inequalities, probability to linear and quadratic equations.

Course Category: MA Using CDs and workbooks.

Anticipated Credit: 1 SD/MS/TXT- Text or Resource:

SD Anticipated Hours: n/a Saxon

Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____
50% Tests, 50% Daily Work

Course Description: 1) COURSE TITLE:

Course Category: _____

Anticipated Credit: _____

SD Anticipated Hours: _____ SD/MS/TXT- Text or Resource:

Method of Evaluation: _____

Course Description: 2) COURSE TITLE:

Course Category: _____

Anticipated Credit: _____

SD Anticipated Hours: _____ SD/MS/TXT- Text or Resource:

SD/MS/TXT- Text or Resource:

See next page

Parent Signature _____ **Plan Creation Date:** _____

3) COURSE TITLE: _____

Description: _____

Course Category: _____

Anticipated Credit: _____ SD/MS/TXT- Text or Resource:

SD Anticipated Hours: _____

Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

4) COURSE TITLE: _____

Description: _____

Course Category: _____

Anticipated Credit: _____

SD Anticipated Hours: _____ SD/MS/TXT- Text or Resource:

5) COURSE TITLE: _____

Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Description: _____

Course Category: _____

Anticipated Credit: _____

SD Anticipated Hours: _____

SD/MS/TXT- Text or Resource:

6) COURSE TITLE: _____

Description: Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Course Category: _____

Anticipated Credit: _____

SD Anticipated Hours: _____

SD/MS/TXT- Text or Resource:

7) COURSE TITLE: _____

Description: Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Course Category: _____

Anticipated Credit: _____

SD Anticipated Hours: _____

Approved
Advisor Signature & Date
Office Use Only

Note: If more than 10 courses are planned for this academic year, consult your advisor prior to submitting your CDW.

See next page

Parent Signature _____ Plan Creation Date: _____



Summary Sheet

Today's Date ____ / ____ / ____

Student _____ DOB ____ / ____ / ____
 See Home School Transcript for current address .etc.

School Year ____ / ____ **Grade** ____

Course Title: Algebra I

Course Category: MA SD/MS/TXT- Text or Resource:

Final Grade: 87 Saxon

Final Credit: 1 Method of Evaluation: Tests / Quizzes Daily Work / Grading Tools / Other: 50% Tests,

Total SD Hours: n/a 50% Daily Work

Course Title: _____

Course Category: _____

Final Grade: _____ SD/MS/TXT- Text or Resource:

Final Credit: _____

Total SD Hours: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Course Title: _____

Course Category: _____

Final Grade: _____

Final Credit: _____ SD/MS/TXT- Text or Resource:

Total SD Hours: _____

Course Title: Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Course Category: _____

Final Grade: _____

Final Credit: _____

Total SD Hours: _____ SD/MS/TXT- Text or Resource:

Course Title: _____

Course Category: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Final Grade: _____

Final Credit: _____

Total SD Hours: _____

Course Title: SD/MS/TXT- Text or Resource:

Course Category: _____

Final Grade: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Final Credit: _____

Total SD Hours: _____

See next page

Parent Signature _____ Date: _____

Course Title: _____

Course Category: _____ SD/MS/TXT- _____ Text _____ or _____ Resource: _____

Final Grade: _____

Final Credit: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Total SD Hours: _____

Course Title: _____

Course Category: _____

Final Grade: _____ SD/MS/TXT- _____ Text _____ or _____ Resource: _____

Final Credit: _____

Total SD Hours: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Course Title: _____

Course Category: _____

Final Grade: _____

Final Credit: _____ SD/MS/TXT- _____ Text _____ or _____ Resource: _____

Total SD Hours: _____

Course Title: Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Course Category: _____

Final Grade: _____

Final Credit: _____

Total SD Hours: _____ SD/MS/TXT- _____ Text _____ or _____ Resource: _____

Course Title: _____

Course Category: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Final Grade: _____

Final Credit: _____

Total SD Hours: _____

Course Title: SD/MS/TXT- _____ Text _____ or _____ Resource: _____

Course Category: _____

Final Grade: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Final Credit: _____

Total SD Hours: _____

Course Title: _____

Course Category: _____ SD/MS/TXT- _____ Text _____ or _____ Resource: _____

Final Grade: _____

Final Credit: _____ Method of Evaluation: Tests / Quizzes / Daily Work / Grading Tools / Other: _____

Total SD Hours: _____

Approved
Advisor Signature & Date
Office Use Only

Note: If more than 10 courses were completed prior advisor approval was necessary.

Parent Signature _____ Date: _____



Evidence: Complete, Compelling, and Convincing

Textbook Documentation

- Student has completed textbook work and logged hours
- Parent is satisfied with the work.
- NARHS advisor is satisfied with the documentation.

Documentation: Complete, Compelling, and Convincing Evidence of Textbook Completion

“All Test” Evidence (Include tests if final grade is computed using test scores.)

- (a) The publisher identifies this textbook or course as a high school-level (or higher).
- (b) The student has completed the textbook,
- (c) The parent is satisfied with the work.
- (d) NARHS advisor is satisfied with the documentation:
 - Track the daily completed textbook pages in a logbook.
 - Present dated, corrected, graded, end-of-chapter tests, if offered.
 - Testing-out is an option.

“All Daily Work” Evidence (Include daily work if final grade is computed using daily work scores.)

- (a) The publisher identifies this textbook or course as a high school-level (or higher).
- (b) The student has completed the textbook,
- (c) The parent is satisfied with the work.
- (d) NARHS advisor is satisfied with the documentation:
 - Track the daily completed textbook pages in a logbook.
 - Present dated, corrected, graded, daily work.

Self-Designed Documentation

- Student has completed and logged 80 hours in one self-designed subject area.
- A “Course Description” has been submitted to NARHS.
- Parent is satisfied with the work.
- NARHS advisor is satisfied with the documentation: Below is a list of suggestions:

Suggested Evidence:

- | | |
|--|--|
| -- Audio tapes | -- Photographs of projects in progress |
| -- Book reports | -- Photographs of projects |
| -- Essays | -- Prints of computer-generated work |
| -- Fishing or hunting licenses | -- Receipts for your lessons |
| -- Letter from an employer | -- Receipts for software and hardware |
| -- Letter from co-workers | -- Research papers |
| -- Letter from the coach | -- Short stories |
| -- Letter from the minister or rabbi | -- Video of a project in progress |
| -- Letter from the music teacher | |
| -- Letter from the youth leader | |
| -- Letter from volunteer coordinator | |
| -- Lift tickets from your ski trip | |
| -- Pay stubs | |
| -- Certificates of Accomplishment, such as martial arts belts, merit badges, or Eagle Scout work | |
| -- Certificates of Completion, such as CPR, First Aid, Hunter Safety | |
| -- Mock newspaper article you wrote about your research or discovery | |
| -- Photographs of the student in uniform, such as work uniform or sports team | |
| -- Poems, songs, or proverbs related to the subject | |
| -- Receipts of your admission to a park, museum, play, concert, etc. | |
| -- Video of rehearsals or practice, such as a musical instrument, foreign language practice, dance recital, etc. | |
| -- Video / mock TV commercial you made telling about your research or discoveries | |

		1 Lit (LA)	2 Algebra I (MA)	3 Biology (NS)	4 Civics (SS)
Monday	Date	Scarlet Ltr. Ch 1-2 Guide Questions 1 1/2	Problems/DVD p75-85	Ch 5 132 - 138 Answer Review Questions	Civics LIFEPAC #5/10 21-25 ans. questions
Tuesday	Date	Attended HomeLink Lit Class and Study hall Update Vocab List 1 hrs	Problems/DVD p86-94	Field Trip Hematology Lab at SMMC Hospital	26-30 ans. questions
Wednesday	Date	Scarlet Ltr. Quiz #1 94% Ch 3-4 1 1/2	Practice test	Watch video on blood-types	30-35 ans. questions
Thursday	Date	Sc. Ltr. CH 3-4 Guide Questions 1 1/2	Final Test	Study for Test	Review for Test #1 89%
Friday	Date	Sc. Ltr. Quiz #2 1/2 hr	Correct Test Problems/DVD p95-99	Ch 5 Test 92%	Correct Test
Saturday	Date				
Sunday	Date				
TRACKING COURSE HOURS		Remaining Hours This week's hours: 6 hr + Last week's hours: 49 hr = Total Hours 55 hr	Remaining Hours This week's hours: + Last week's hours: = Total Hours	Remaining Hours This week's hours: + Last week's hours: = Total Hours	Remaining Hours This week's hours: #5 LP + Last week's hours: 10 LP = Total Hours
NOTES:	Add to book list-The Hobbit. See movie in Dec. Record Community Service: HomeLink: Helped set up/take down Curriculum give away tables. Upwards Soccer: asst. coach. 2 hours. Get signatures.				

5	SD Health (HE)	6	SD Choir (FA)	7	SD OJT (PA)	8	SD PE./track
	CPR class @ SMMC 3 hrs		Voice Practice Music Theory p 2-7 1.5 hrs		Created Resume and Cover Letter 1.5 hrs		Home school swim at Lions Pool 11 hr
	CPR class Certification Test 3 hrs		Voice Lessons Music Theory p 8-12 3 hrs		Submitted 3 more applications Rehearsed for interview 1 hr		
	Airborne Pathogens Class 2		Youth Group Worship Team 2 1/2		2nd interview at Ink. Got the job! 1/2		Home school PE after HL class 1 1/2
	Airborne Pathogens Class Test 2 1/2		Carmina Berona rehearsal 1-3 2 1/2				
	Drug Awareness Presentation @ CAP 1 hr		Carmina Berona w/ Symph @ Capital Theatre 6-9 3 hrs		First Day Paperwork and register training 2 hrs		Kissel Park Mileage Club -2 miles 1/2 hr
					more training: computer and stocking shelves 2		Ran w/ mom 1/2 hr
			Youth Group Worship Team Rehearsal 1.5 hrs				Greenway Bike Trail 1 hr
Remaining Hours	This week's hours: 11 1/2 hr + Last week's hours: 21 hr = Total Hours: 32 1/2	Remaining Hours	This week's hours: 14 hr + Last week's hours: 30 hr = Total Hours: 44 hrs	Remaining Hours	This week's hours: 7 hrs + Last week's hours: 0 = Total Hours: 7 hrs	Remaining Hours	This week's hours: 4 1/2 + Last week's hours: 30 hrs = Total Hours: 34 1/2 hr

CPR certified.

.....

		1	2	3	4
Monday	Date				
Tuesday	Date				
Wednesday	Date				
Thursday	Date				
Friday	Date				
Saturday	Date				
Sunday	Date				
TRACKING COURSE HOURS	Remaining Hours				
	This week's hours _____ + Last week's hours _____ = Total Hours <input type="text"/>	Remaining Hours This week's hours _____ + Last week's hours _____ = Total Hours <input type="text"/>	Remaining Hours This week's hours _____ + Last week's hours _____ = Total Hours <input type="text"/>	Remaining Hours This week's hours _____ + Last week's hours _____ = Total Hours <input type="text"/>	

NOTES:

.....

DAILY LOG ____ / ____ Week ____

	5	6	7	8
Remaining Hours	This week's hours <input style="width: 80%;" type="text"/> + Last week's hours <input style="width: 80%;" type="text"/> = Total Hours <input style="width: 80%;" type="text"/>	Remaining Hours This week's hours <input style="width: 80%;" type="text"/> + Last week's hours <input style="width: 80%;" type="text"/> = Total Hours <input style="width: 80%;" type="text"/>	Remaining Hours This week's hours <input style="width: 80%;" type="text"/> + Last week's hours <input style="width: 80%;" type="text"/> = Total Hours <input style="width: 80%;" type="text"/>	Remaining Hours This week's hours <input style="width: 80%;" type="text"/> + Last week's hours <input style="width: 80%;" type="text"/> = Total Hours <input style="width: 80%;" type="text"/>

The high school transcript is a complex, legal academic record. The transcript is one tool used by employers, military recruiters, security agencies, law enforcement, the judicial system, as well as the usual college admission counselors, scholarship committees, and student loan officers. The school's verification process is vital. In addition, the signatures, school stamp, and embossing seal are intended to represent and authenticate the student's academic record.

Secondary School Record
North Atlantic Regional Schools

100 Center St.
State 2100000
Wilmington, DE 19801

Student Number: 000-000-0000 Student Name: MR 000-0000

1. State of New Jersey 2. School Name: [Redacted] 3. Student Name: [Redacted]

4. Community Service: [Redacted]

5. [Redacted]

6. [Redacted]

7. [Redacted]

8. [Redacted]

9. [Redacted]

10. [Redacted]

Official's signature

10.

3.

4.

5.

6.

7.

8.

9.

Summary of Transcript Sections:

1. Student Identification

Achievements: This section (optional) can be used to record the student's yearly achievements. Provide a letter, citation, trophy, award, newspaper clipping, certificate, or likewise in the yearly portfolio.

2. Student's Academic History

Source, grade, year, category type, course name, grade, and credit amount are entered here.

3. Summary

Total credits earned, required, still needed, and in addition to the required amount in LA, FL, MA, SS, US, NS, FA, PA, BU, CS, PE, ST, and HE are tallied here.

4. Additional Student Information

Achievements: This section (optional) can be used to record the student's yearly achievements. Provide a letter, citation, trophy, award, newspaper clipping, certificate, or likewise in the yearly portfolio as evidence.

Community Service: This section (optional) is a great opportunity to encourage and record volunteering. It is a good idea to record accumulated hours in each area. For example, if your student has served meals every Friday for the last year at the homeless shelter, you could record this as The Union Gospel Mission, 52 hours and include the supervisor's signature. Community service is required for some scholarship applications and has been added to many public school graduation requirements.

5. Testing:

Special testing (optional), such as Advanced Placement test (AP), College Level Examination Program (CLEP), Excelsior College Examinations, Industry Competency Examination (ICE), International Baccalaureate (IB), DANTES (DSST), and others.

6. ACT/SAT Scores

"The SAT and SAT Subject Tests are a suite of tools designed to assess your academic readiness for college. These exams provide a path to opportunities, financial support and scholarships, in a way that's fair to all students. The SAT and SAT Subject Tests keep pace with what colleges are looking for today, measuring the skills required for success in the 21st century." www.sat.collegeboard.org

"The ACT is taken by high school students and college-bound individuals. The score results are used by colleges for admission, course placement and advising purposes, and by states, districts, schools, teachers, and students for diagnostic, monitoring, and intervention purposes." www.act.org

7. Secondary Schools Attended:

All courses reference the location the course was completed and graded, including home school courses. If grades/credits have been earned from a source other than your home school, the source is identified here.

8. Grading System:

Grade Point Average GPA Scale:

A	93-100	A	4.0
A-	90-92	A-	3.67
B+	87-89	B+	3.33
B	83-86	B	3.0
B-	80-82	B-	2.67
C+	77-79	C+	2.33
C	73-76	C	2.0
C-	70-72	C-	1.67
D+	67-69	D+	1.33
D	63-66	D	1.0
D-	60-62	D-	.67

All classes are given equal weight in calculating GPA.

9. Signature & Validation:

Official Transcripts must be signed by the registrar's office and bear our embossed seal. As an additional safeguard, organizations requesting an Official Transcript prefer a transcript mailed directly from NARHS.

10. Official Transcript:

The mailed envelope will contain a signed, embossed Official Transcript and the envelope itself will have an official's signature. These steps secure the validity of the transcript.

Credit Course Titles-a list of often-used course titles

SUBJECT KEY:	MA Math	Bible as Literature	LA	SS	
BU Business	PE Phys Ed	Biblical Studies	LA, SS	Creative Writing	LA
CS Computer Skills	PA Practical Arts	Biology	NS	Criminal Law	SS
FA Fine Arts	NS Natural Science	Bookkeeping	BU, MA	Critical Thinking	LA, SS
FL Foreign Language	ST State Studies	British Literature	LA	Cross-cultural Experience	SS
HE Health	SS Social Studies	Building Construction	BU, FA	Culinary Arts	BU, FA, PA
LA Language Arts	US US History	Building Rest & Remodeling	FA, SS	Culture & Comm in America	SS
		Building Trades - Carpentry	BU, FA, PA	Current National Events	SS
		Building Trades - Electricity	BU, NS, PA	Current World Events	SS
COURSES:		Building Trades - Finish Work	FA, PA	Dance	FA, PE
Accounting	BU, MA	Bldg Trades - Oil Burner Tech	BU, NS	Diesel Mechanics	BU, NS
Accounting, Principles of	MA	Building Trades - Plumbing	BU, NS, PA	Diesel Technology	BU, NS
Acting, Performance	FA	Business Administration	BU, SS	Disability Care - Comm Res	SS
Adaptations in Phys Ed	PE	Business Communications	BU, LA, SS	Disability Care - Housing	BU, SS
Advanced Art Portfolio	FA	Business Law	BU, SS	Disability Care - Legal Issues	BU, SS
African-American Literature	LA	Business Management	BU, SS	Disability Care - Personal Care	HE, NS
Agricultural Management	BU, SS	Business Math	BU, MA, SS	Disability Care - Personal Dev	SS
Agricultural Research	BU, NS, SS	Calculus	MA	Drafting	FA, MA
Agricultural Science	BU, NS	Calculus w/ Elem Functions	MA	Drama	FA
Agricultural Technology	BU, NS, CS, SS	Cardio Kickboxing	HE, PE	Drawing	FA
Agriculture as Business	BU, SS	Career Aspirations	BU, SS	Drivers Education	SS, ST
Agriculture & the Environment	BU, NS, SS	Career Development	BU, SS	eBay, Making Money on eBay	MA, SS
Algebra - Alg 1, Alg 2	MA	Career Internship	BU, SS	ESL - Eng as a Second Lang	FL, LA
Alternative Medicine	HE, NS	Cartography	FA, SS	Early Civilizations	SS
American Civil War	SS, US	Certified Nurses Aide	HE, PA	Earth Science	NS
American Folklore	LA	Chemistry	NS	Ecology	NS
American Government	SS, US	Child Care - Intro to Safety	HE, SS	Economics	BU, SS
American History	SS, US	Child Care - Phys Disabled	HE, SS	Egyptian Civ, Egyptology	SS
American Literature	LA	Child Growth & Development	HE	Elder Care - Comm Res	SS
American Short Stories	LA	Chinese	FA, FL	Elder Care - Housing	BU, SS
American Sign Lang (ASL)	FA, FL, SS	Choir / Chorus	FA	Elder Care - Legal Issues	SS
American Revolutionary War	SS, US	Christian Doctrine	LA, SS	Elder Care - Personal Care	HE, PA
Analyzing & Interpreting Lit	LA	Civics	SS, US	Electricity	BU, NS
Anatomy & Physiology	HE, NS	Civil Law	SS	Electronics	BU, NS
Ancient History	SS	Classical Literature	LA	Energy	NS
Ancient History from the Bible	SS	Climatology	NS, SS	English	LA
Ancient Literature	LA	Clothing, Fab, Text, & Fashion	BU, FA, PA	English Composition	LA
Ancient Li from the Bible	LA	Collage & Assemblage	FA	English for the Trades	LA
Antiques	BU, SS	College Algebra	MA	Entrepreneurial Studies	BU, SS
Appliance Repair	BU, NS	College Algebra - Trig	MA	Environmental Protection	BU, NS, SS
Aquaculture - as a Business	BU, SS	College Math	MA	Environmental Science	NS
Aquaculture - Management	BU, SS	Community Action	SS	Environmental Technology	BU, CS, NS, SS
Aquaculture - Science	NS	Community Service	BU, SS, PA	Equestrian Skills - Competition	PE
Aquaculture - Technology	BU, NS, BU	Comp Aided Drafting (CAD)	BU, FA, CS	Equestrian Skills - Dressage	PE, FA
Aquaculture - Environment	NS, SS	Computer Appl & Info Syst	BU, NS, CS	Equestrian Skills - Jumping	PE
Art	FA	Computer Business App	BU, CS	Equestrian Skills - Riding	PE
Art Hist - Prehistoric/Med	FA, SS	Computer Certification	CS, NS	Equestrian Skills - Training	PE
Art Hist - Ren/Modern	FA, SS	Computer Desktop Publishing	BU, CS, FA	Equine Health & Disease	NS
Asian History	SS	Computer Graphics	CS, FA	Equine Management	BU, PA
Astronomy	NS	Computer Math	BU, CS, MA	Equine Repro & Genealogy	NS
Auto Mechanics	BU, NS, PA	Computer Programming	BU, CS, NS	Equine Sc - Anat & Physi	NS
Auto Reconditioning	BU, FA, NS, PA	Computer Service & Repair	BU, CS, NS	Equine Sc - Nutrition & Health	NS
Auto Service Technology	BU, NS, PA	Conservation	BU, NS, SS	Etymology	LA
Automotive Sales	BU, SS	Cons Math - Everyday Appl	MA	European History	SS
Aviation - Flying Lessons	PA	Cons Math - Major Purchases	MA	Exploring Technology	CS
Aviation - Pilot Ground School	PA	Cons Math - Invest Insur	MA	Family Farming	BU, SS
Backyard Maple Sugaring	BU, NS	Consumer Studies	SS	Fiction Writing	LA
Band	FA	Construction Design	FA	Firefighting - Jr Volunteers	PA, PE
Banking	BU, CS, MA	Construction Technology	NS	First Aid, CPR, Lifesaving	HE
Baseball & Society	SS	Cosmetology	BU, FA, NS,	Food Service Management	BU, SS, PA

Forest Management	BU, NS, SS	Livestock Care	NS	Probability & Statistics	MA
Forest Technology	BU, NS, SS	Machine Tool Technology	BU, NS	Psychology	NS, SS
French	FA, FL	Machines	NS	Public Speaking	FA, LA
Freshman College Comp	LA	Managing Office Procedures	BU, SS	R O T C, Jr	SS, PE, US
Furniture Mkg, Repair, Restore	FA, PA	Managing the Family Farm	BU, PA, SS	Real Estate - Development	BU, MA, SS
Gardening	PA	Management Communications	LA	Real Estate - The Business of	BU, MA, SS
Garment Making	BU, FA, PA	Marine Biology	NS	Real Estate - Investment	BU, MA, SS
Gemology	FA, NS	Marketing & Advertising	BU, SS	Real Estate - Law & Licensing	BU, SS
General Science	NS	Marriage & the Family	SS	Real Estate - Value & Appr	BU, MA, SS
Genetics	NS	Martial Arts	FA, PE	Refrigeration Technology	BU, NS, PA
Geography	SS	Math for Bus & the Trades	BU, MA	Religion	LA, SS
Geometry	MA	Mechanical Drawing, Drafting	BU, FA, MA	Renewable Natural Resources	BU, NS, SS
Government & Politics	SS	Medical Assistant	HE, NS	Residential Arch & Design	FA, MA
Grammar & Composition	LA	Medical Terminology	LA, NS	Robotics	NS
Greek	FA, FL	Medication Technician	HE, NS	School-to-Work English	LA
Group Athletic Activities	PE	Merchandising - Catalog	BU, SS	Science & Technology	NS, SS
Hair, Skin, & Nails	FA, HE, PA	Merchandising - Direct Mrktg	BU, SS	Science of Everyday Things	NS, SS
Handcarving	FA	Merchandising - The Internet	BU, SS	Screen Printing	BU, FA, PA
Health	HE	Merchandising - Wholesaling	BU, SS	Secretarial Systems	BU, LA, SS
Health Aide	BU, HE	Meteorology	NS	Self Defense	PE
Health Careers Practicum	BU, HE	Microbiology	NS	Sheet Metal Technology	BU, PA
Health Occupations, Intro	BU, SS	Middle Eastern Civilization	SS	Sign Language (ASL)	FA, FL
Health Specialties	BU, SS	Military History	SS	Small Engine Repair	BU, NS
Heavy Equipment Maint	NS, PA	Military Science	NS, SS	Sociology	SS
Heavy Equipment Operator	PA	Military Service, An Intro	SS	Space Science	NS
Hebrew	FA, FL	Modern Civilization	SS	Spanish	FA, FL
Hebrew Language & Culture	FA, FL, SS	Music	FA	Speech	FA, LA
History of Flight	SS	Music Appreciation	FA	Stained Glass Design	FA
History of Music	FA, SS	Music Composition	FA	State Studies	SS, ST
History of US through 1877	SS, US	Music History	FA, SS	Studio Ceramics	FA
History of US from 1865	SS, US	Musical Instrument Study	FA	Team Sports	PE
History of War, Weap, Warriors	SS	Music Theory	FA	Technical Math	BU, MA
Horticulture	NS	Multicultural Literature	LA	Technical Writing	BU, LA
Household Mangt, Home Ec	SS, PA	Mythology	LA, SS	Tech of Yesterday & Today	NS, SS
How Everyday Things Work	NS	Near East Civilization	SS	Teen Survival	HE, SS
Human Growth & Dev	HE, NS, SS	Nutrition	HE, NS	Telecommunications	BU, NS, SS
Human Services	SS	Observational Drawing	FA	The American Revolution	SS, US
Humanities	FA, SS	Oceanography	NS	The Civil War	SS, US
Individual Athletic Activities	PE	Oral Interpretation	LA	Theatre	FA, LA
Industrial Arts	PA, SS	Orchestra	FA	Theology	LA, SS
Information Technologies	BU, CS, NS	Outdoor Recreational Mangt	BU, PE, SS	Trigonometry	MA
Interior Design	BU, FA, PA	Painting	FA	TV Production	CS, NS, SS
Interpersonal Communications	LA, SS	Paleontology	NS, SS	Typing, Keyboarding	BU, CS
Introduction to Communication	LA, SS	Parenting Skills	PA, SS	US History	SS, US
Introduction to Linguistics	FL, LA	Peer Counseling	LA, SS	Veterinary Aide	BU, NS
Introductory Anthropology	SS	Personal Care Attendant	HE, SS	Veterinary - Sm Animal Care	NS
Investigating Insurance	BU, MA, SS	Personal Finance	BU, MA	Veterinary - Lg Animal Care	NS
Italian	FA, FL	Personal Fitness	HE, PE	Veterinary - Technology	NS
Japanese	FA, FL	Personal Investing	BU, MA	Video Production & Tech	CS, FA
Jewelry Making	FA, PA	Pharmacy Assistant	HE, NS	Web Design & Maint	BU, CS, SS
Journalism	LA	Philosophy	LA, SS	Weight Training	PE
Jr ROTC	SS, PE, US	Photography - Black & White	FA	Welding	BU, FA, PA
Landscape Design	BU, FA	Photography - Color	FA	Western Civilization	SS
Landscape Management	BU	Photography Lab	FA	Wilderness Survival	NS
Landscaping	BU, FA, PA	Phys Ed for Men	HE, PE	Woodworking	FA, PA
Latin	FA, FL	Phys Ed for Women	HE, PE	Workplace Communications	LA
Law Enforcement	SS	Physical Education	PE	World Affairs	SS
Leadership	SS	Physical Science	NS	Writing Lab	LA
Legal Research	LA, SS	Physics	MA, NS	Zoology	NS
Legal Secretary	BU, LA, SS	Poetry Writing	LA		
Library Aide	LA	Political Science	BU, SS		
Life Management	HE, SS	Pottery & Clay Design	FA		
Literature, The Classics	LA	Presidency & American Govt	SS, US		

Profile of our High School

The North Atlantic Regional High School is a school based in Auburn, Maine. NARHS is a state-authorized private school, recognized by the Department of Education as providing equivalent instruction. We assist in designing and advising a custom-designed program for each student, whether he/she is attending public school, private school, college classes, home-based education or a combination. For home school families, parents decide and direct the content of each course, while fulfilling the requirements for each specific high school credit. Courses taken as home schoolers are reviewed by our certified teachers. Students graduate with varying numbers of credits according to their ability, ambition, or academic goals.

Founded and incorporated in 1989, we adhere to the foundational core curriculum outlined by the state, but allow broad flexibility in fulfilling those requirements under the careful evaluation of our state-certified staff.

Students working on their high school courses are allowed to proceed at their own pace; they can go as fast as they like, or as slow as they need.

Profile of our Student Body

Students may come to us with a mix of public schooling, private schooling, college work and home-based education. Some students start working on their high school diploma when they are in 7th or 8th grade. Others finish requirements as adults. For some we work with their very first course selections for high school, while for others we work to reconstruct the academic work they did years ago.

NARHS graduates have moved into college, careers, and all branches of the military. Some continued family farms, some went to technical schools, and some became apprentices in trades. The list of colleges accepting NARHS graduates grows larger every year.

Over the years, some students were young professional actors, sports figures or musicians or dancers. These students presented unique issues to manage while they carried out careers and maintained studies simultaneously. We have that flexibility. And we enjoy the diversity these students offer to our student body.

Although all our students were not prepared in the same way, they were all prepared for the same thing --- adulthood.

**Colleges where
NARHS graduates
have been accepted**

Adelphi University
Adirondack Comm College
Adrian College
Alaska Pacific Univ
Albright College
Allegheny College
American Musical & Dramatic Acad
American Univ
Amherst College
Andrews University
Angelo State University
Antioch College
Aquinas College
Arcadia University
Asbury College
Ashworth College
Assumption College
Atlanta Chr College
Augusta (GA) State University
Austin Community College
Babson College
Bagley Coll of Engineering
Ball State University
Bard College
Barry University
Barton College
Bates College
Baylor University
Beal College
Bellevue Comm College
Bellin College of Nursing
Belmont Abbey College
Beloit College
Bennington College
Berea Col of Music
Berkshire Inst of Chr Studies
Bethel University
Bluffton University
Bob Jones University
Boston University
Bowdoin College
Bowen Tech College
Bowling Green State Univ
Brandeis University
Brevard Comm College
Bridgewater State Univ
Brigham Young University
Brookhaven College
Brownsville Schl of Ministry
Bryan College
Bryn Mawr College
Camden Comm College
Carleton University
Carnegie Mellon University
Case Western Reserve Univ
Catholic Univ of America
Cedarville University
Central Maine Comm College
Central Michigan University
Christopher Newport Univ
Cincinnati Bible Coll & Seminary
Cincinnati Conservatory of Music
Claremont McKenna College
Clark University
Clarkson University
Cleveland Institute of Music
College Misericordia
College of Charleston
College of New Jersey
College of St. Rose
College of St. Scholastica
College of the Atlantic
College of the Holy Cross
College of the Ozarks
College of Wooster
Colorado Christian Univ
Colorado College
Colorado School of Mines
Colorado State University
Columbia International Univ
Concordia University
Cooper Union Adv Sci & Art
Cornell University
Cornish College of the Arts
Cranbrook Academy of Art
Creighton University
Curtis Institute of Music
Daniel Webster College
Daystar University (Kenya)

Denison University
Denver Darkroom Schl of Photog
DePaul University
Divers Institute of Technology
Dordt College
Drew University
Drexel University
Earlham College
Dutchess Comm College
Earlham College
East Carolina University
Eastern Michigan Univ
Eastern Nazarene College
Eastern University
Eastman Conservatory of Music
Eckerd College
Elim Bible Institute
Elizabethtown College
Embry Riddle University
Emerson College
Erskine College
Eugene Lang College
Evergreen State College
Fairleigh Dickinson Univ
Fairmont State College
Fashion Inst of Tech (NYC)
Florida State University
Franciscan University
Franklin College
Franklin Pierce College
Freed-Hardeman University
Full Sail University
Geneva College
George Fox College
George Washington University
Georgetown University
God's Bible Schl & College
Gordon College
Goucher College
Grace University
Granite State College
Green Mountain College
Green River Comm College
Grinnel University
Grove City College
Guilford College
Hampden-Sydney College
Hampshire College
Hartt School of Music
Harvard University
Hebrew University of Jerusalem
Hesser College
Highland Comm College
Hillsboro Comm College
Hillsdale College
Hofstra University
Holy Cross (College of the)
Houghton College
Hudson Valley Comm College
Huntington College
Husson College
Indian River Comm College
Indiana State University
Indiana University
Iowa State University
Ithaca College
Ivy Technical Comm College
James Madison University
Jefferson Davis Comm College
Johns Hopkins University
Johnson and Wales University
Juilliard
Juniata College
Kalamazoo College
Kansas State University
Keene State College
Kennebec Valley Tech Coll
Kentucky Wesleyan College
Knox College
Lake-Sumter Comm College
Laramie County Comm College
Lawrence University
Lee University
Lehigh University
LeTourneau University
Lewis and Clark College
Liberty University
Lipscomb University
Livingston College
Loma Linda University
Long Island University
Louisiana Tech University
Loyola University
Lyndon State College
Lynn University
Macalester College
Maine College of Art
Malone College
Manhattan School of Music
Marion College
Marlboro College
Marquette University

Marshall University
Marymount Manhattan College
Massasoit Comm College
McIntosh College
McMaster University
Mercer University
Merrimack Comm College
Mesa Community College
Messiah College
Miami-Dade Comm College
Milwaukee School of Engineering
Mississippi State University
Monroe Community College
Montclair State University
Moody Bible Institute
Motorcycle Mechanic Institution
Mount Holyoke College
Mount Ida College
Mount St. Mary's University
Multnomah University
New Brunswick Bible College
New College of Florida
New England Bible College
New England Conservatory
New Hampshire Comm Tech
New Mexico Tech
New Tribes Bible Institute
New York University
North Carolina State University
North Central University
North Georgia College
University
North Greenville College
North Idaho College
North Park University
Northern Virginia Community College
Northeastern University
Northwest College (WY)
Northwest University (WA)
Northwestern College (IA)
Niagara University
Norwich University
Notre Dame
Nyack College
NYU Steinhardt Schl of Education
NYU Tisch Schl of the Arts
Oakton Community College
Oberlin College
Odessa Community College
Ohio State University
Ohio University
Oklahoma State University
Oklahoma Wesleyan University
Olivet Nazarene University
Oregon Inst. of Technology
Orlando Culinary Academy
Pacific University
Palm Beach Comm College
Pasco-Hernando Comm College
Peabody Conservatory @ Johns Hopkins
Penn State
Pensacola Christian College
Pepperdine University
Philadelphia Biblical University
Piedmont College
Pinecrest Bible College
Plymouth State University
Pomona College
Purdue University
Queens University
Raritan Community College
Reed College
Regent University
Rensselaer Polytech Institute
Reynolds Comm College
Rice University
Ringling School of Art & Design
Rivier College
Rochester Institute of Tech
Rockport College
Roosevelt University
Rutgers University
St. Andrews College
St. Anselm College
St. John's College
St. Joseph's College
St. Mary's College
St. Olaf College
St. Petersburg College
St. Thomas University
Sarah Lawrence College
Sarasota County Techl Inst
School of Music at Indiana University
Sealaska Heritage Institute
Seattle Art Institute

Seattle Pacific University
Simpson College
Smith College
Southern Adventist University
Southern Maine Comm College
Southern New Hampshire University
Southern Virginia University
Southwest Baptist University
Sterling College
Stockholm Univ (Sweden)
SUNY (State University of New York)
SUNY Coll. of Environmental Science
SUNY Maritime College
Suffolk County Comm College
Suffolk University
Swarthmore College
Syracuse University
Taylor University
Temple University
Tennessee Temple University
Texas A & M University
Texas Christian University
The Masters College
Thomas More College
Trinity College of Florida
Trinity International University
Tulane University
UCLA School of Music
Ultrasound Diagnostic School
Union College
Universal Tech Schl, Phoenix
US Air Force Academy
US Coast Guard Academy
US Merchant Marine Acad
US Military Academy (West Point)
US Naval Academy
Unity College
University College of Bangor
Univ of Alabama
Univ of Buckingham (UK)
Univ of Central Florida
Univ of Chicago
Univ of Colorado
Univ of Connecticut
Univ of Florida
Univ of Georgia
Univ of Hawaii
Univ of Illinois
Univ of Indianapolis
Univ of Maine
Univ of Maryland
Univ of Massachusetts
Univ of Miami
Univ of Michigan
Univ of Mobile
Univ of New Hampshire
Univ of North Florida
Univ of Pittsburgh
Univ of Puget Sound
Univ of Redlands
Univ of Rhode Island
Univ of Richmond
University of Rochester
Univ of Sioux Falls
Univ of South Carolina
Univ of Southern California
Univ of Southern Maine
Univ of Texas
Univ of the Free State, South Africa
Univ of Utah
Univ of Vermont
Univ of Virginia
Univ of Washington
Univ of Waterloo
Univ of West Florida
Univ of Wisconsin
Univ of Wyoming
Utah State University
Valencia Comm College
Valley Forge Christin College
Valparaiso University
Vassar College
Virginia Commonwealth University
Virginia Military Institute
Virginia Tech
Wagner College
Wallia Wallia University
Waterloo University
Wayne State University
Webb Institute
Weber State University
Wells College
West Point (US Military Academy)
West Virginia Wesleyan College

5 Registration

Registration
Curriculum Design Worksheet
School Year
High School Student by Definition
The Process
Important Dates

6 About Home Schooling:

What is Home Schooling?
Benefits of Home Schooling
Books and Curriculum
Compulsory School Attendance Laws
Colorado Plan

7 About Credits:

7th and/or 8th Grade Credits
Activity Credits
College Credit
College Credit Conversion
College Freshman
Credit Allocation
Credit by Definition
Dual Enrollment
Regionally Accredited Transcript
Residency
Review and Recovery
Summer Activities
Summer School
Team Sports
Transcripts
Transcript Evaluations

10 About Grading

Class Rank
Grading Scale
Final Grades
Grading Scale
Grades Under 70%
100% Grades
Honors Courses
Passing Grades
Driver's Ed

12 About Courses

Self-Designed Courses
Textbook Courses
Self-Designed Course Description Example/Form
Curriculum Design Worksheet Example/Form
Daily Log Example

NARHS Credit Requirements

18 Graduation Requirements
19 Computer Literacy
20 Electives
21 Fine Arts
22 Health
23 Language Arts
24 Math
25 Physical Education
26 Science
27 Social Studies

28 State Studies
29 US History

30 About the Portfolio Review

31 Review Summary Example/Form
33 Evidence
36 Log Book Example/Forms

38 Home School Transcript

Example/Form
Optional Transcript Tracker
Community Service Form

42 NARHS Transcript / Example
Summary of Transcript Sections

44 Additional Resources